

# Lightening Village 3 day package

## *Lighting of the Sacred Fire Thursday Night*

### *Friday - Breton Cove*

- 5:00-6 am - Sweat lodge
- 6:00-6:30 - Sunrise ceremony, Sacred Fire, Smudging
- 6:30-8:00 - Breakfast
- 8:00-10:00 - Drumming and dancers, Group1
- 10:00-12:00 - Talking Circle/Elders story telling
- 12:00-1:00pm - Lunch
- 1:00-2:00 - Tour of Native Village, description of crafts and history.
- 2:00-4:00 - Hands on, group will participate in making their own crafts.
- 4:00-5:00 - Archery, description of traditional hunting and fishing, as well as target shooting!
- 5:00-7:00 - Traditional Native cuisine
- 7:00-9:00 - Native entertainment at Cabot Shores

### *Saturday - Starts at Breton Cove, to Cabot Shores and ends at Breton Cove*

- 6:00-6:30 - Sunrise ceremony, Sacred Fire, Smudging
- 6:30-8:00 - Breakfast at Cabot Shores
- 8:00-11:00 - 3 hour hike up Indian Brook, guide to tell history of the Mi'kmaq up to present day.
- 11:00-12:00 - Lunch at Cabot Shores
- 12:00-1:00 - Drummers and dancers at Cabot Shores, Group 2.
- 1:00-3:00 - Talking Circle at riverside, each person to pass around Talking Stick and tell us a little about themselves, their vacation, experience so far, etc.
- 3:00-5:00 - Sweat Lodge
- 5:00-7:00 - Lobster and potluck in back feild of Breton Cove.

### *Sunday - Breton Cove*

- 6:00-6:30 - Sunrise ceremony, Sacred Fire, Smudging
- 6:30-9:00 - Sweat Lodge
- 9:00-10:30 - Big Breakfast
- 10:30-12:30 - Hike up the Spinnagan
- 12:30-1:30 - Lunch
- 1:30-3:00 - Talking Circle at Cliff, will pass the Talking Stick to any children that are a part of the group.
- 3:00-5:00 - Canoeing or traditional games if weather is bad
- 5:00-7:00 - Feast, give-away and closing prayers